## Everyone at Heart: AHA's Inclusive Omnichannel Strategy



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**American Heart Association** 



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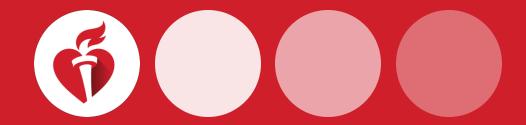
**American Heart Association** 



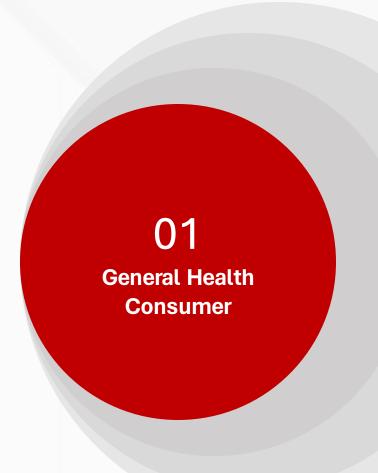
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Health Consultant and Personal Coach

Pink Agate



The Four Spheres of Identification

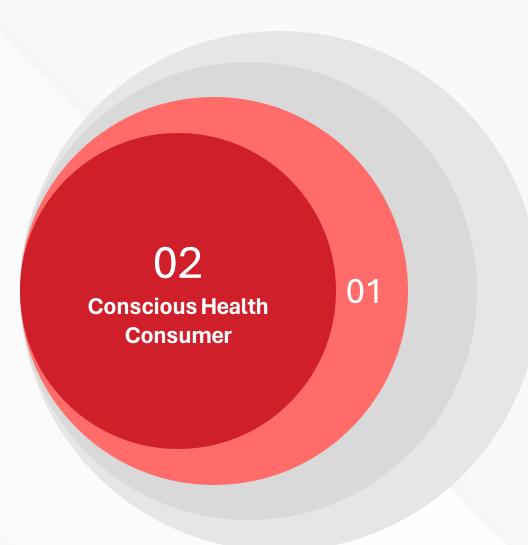


Type: General Health Consumer

Mode: Listening

Journey: Wellness, Prevention, CPR

- Word of Mouth
- Physician Consult
- Mobile 1st Social Media & Search



Type: Conscious Health Consumer

Mode: Engaging

Journey: Health, Genetics, Lifestyle

- Digital Point of Care
- Social & Search Targeted
- Email Targeted
- Display Targeted



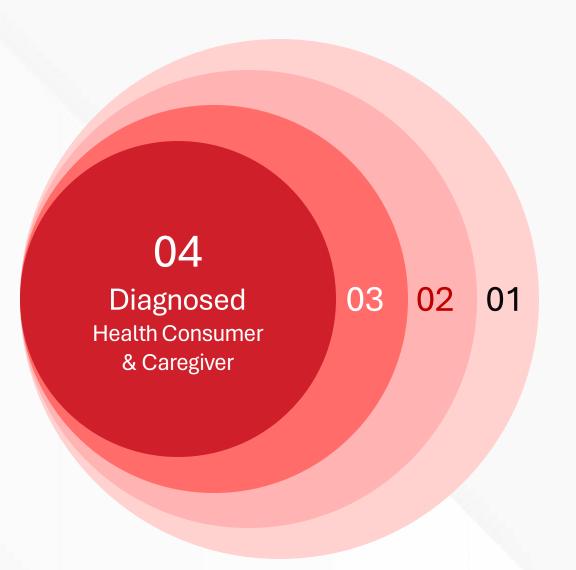
Type: Preventative:

Health Consumer & Caregiver

Mode: Seeking

Journey: Testing, Risk Factors, Management

- Insurance Provider
- Education
- Influencers



Type: Diagnosed: Consumer & Caregiver

Mode: Sourcing

Journey: Acute, Chronic, Survivorship

- Email Subscriber
- Social Media Groups
- Care Coordinator
- Events



# Consumer Care Continuum Engagement & Impact

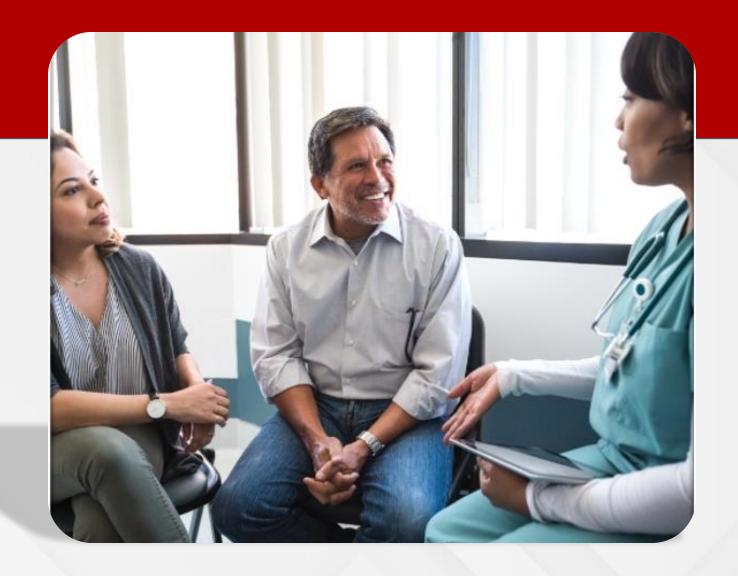
All people living with, or at risk of, cardiovascular conditions and those who love them, have the care and support they need to survive and thrive.

- Audience Persona Development
- Health Stage
- Life Stage & Roles
- Demographics
- Economics
- Geography

Prevention v. treatment stage impacts message relevance and channel / location fit

# Attuning messaging to distinct health scenarios, such as

- Annual visit
- Risk prevention, or management
- Acute recovery
- Secondary prevention



# The Care Continuum – Macro vs Micro













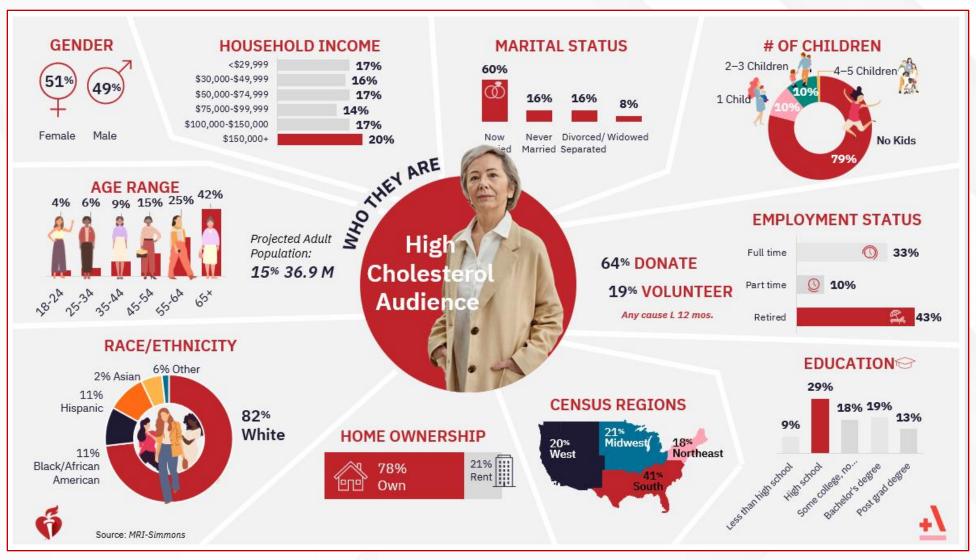








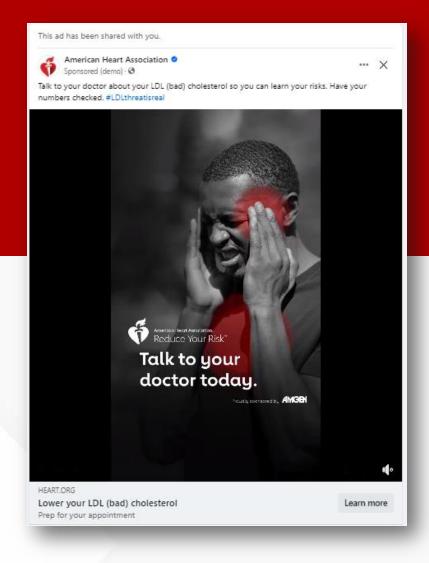




The LDL Threat is Real – Sponsored by AMGEN



#1 Preferred by Hispanic, Latino, Asian & Caucasian Audiences



**#1 Preferred by Black Audience** 



## Atrial Fibrillation (Afib) Audience

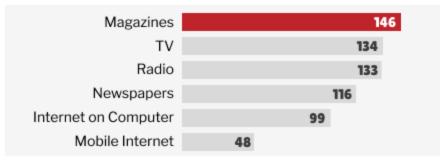
### Media Highlights

79% visited social sites in the last 30 days

84% read magazines in the last 30 days

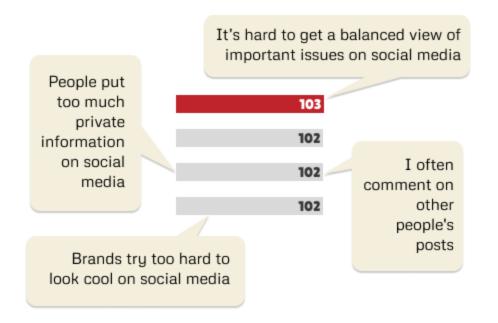
84% watched TV in the last 7 days

2% Projected Adult Population (3.7m)



#### Social Media Attitudes

By index with a minimum composition of 15%





Source: MRI-Simmons

Index: How likely the audience is to fit the attribute compared to the general 18+ population

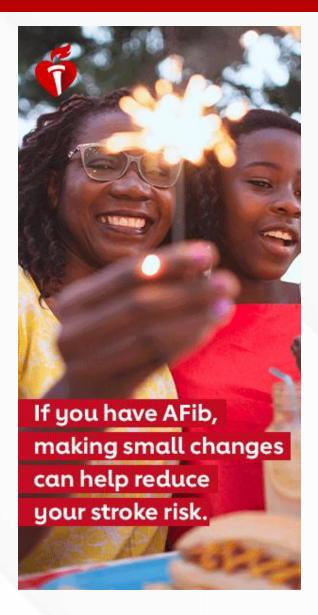
Percent Composition: % of people in the audience who fit the attribute

#### Top Social Platforms

By index with a minimum composition of 15%



100%





Getting to the Heart of Stroke

#### **AFib Awareness Month**

Sponsored by HCA Healthcare Foundation

AHA Audience Insights, MRI/Simmons, January 2023



At least 2.7 million Americans are living with atrial fibrillation, increasing their risk for stroke 5X. Here's what you should know about AFib.

Get the support you need at http://spr.ly/6187P9PBz.

HCA Healthcare Foundation is the national sponsor of Getting to the Heart of Stroke™.



# What is Atrial Fibrillation?

Atrial fibrillation, or AFib, is a auivering or irregular heartbeat



#### What are the Symptoms of AFib?

- Racing heart, fluttering or thumping in the chest
- Shortness of breath
- Lightheadedness, dizziness or fainting

Source: Report outlines most common symptoms of t cardiovascular diseases [ American Heart Association



#### What are the risks of AFib?

Atrial fibrillation (AFib) can lead to: stroke, heart failure, and additional heart rhythm problems.

## Golden Rules

# Actively Listen & Empathize

- Importance of empathetically stepping into the patient POV (back it up with market research, data, lived experience perspective, etc.)
- Leverage those that populations trust

# Create Value Based on Their Needs

- Meet people where they are has wide application, but inserting into lives and lifestyle is critically important
- Build HCP and patient perspectives into content marketing strategy

# Stay Curious & Questioning

- Leverage the "idea of inquiry" consistently and repeatedly
- Make processes straight forward (5W's & an H)